

ST JOSEPH'S CATHOLIC PRIMARY SCHOOL, CLYDACH

YSGOL GYNRADD GATHOLIG SAN JOSEFF, CLYDACH

September 18th 2026

School Attendance: 92%

Reception: 91.4% Year 1: 88.2% Year 2: 95.2%
Year 3: 91.9% Year 4: 91.9% Year 5: 92.2% Year 6: 92.9%

Winning Class for Attendance:

Year 2: 95.2%

Da iawn!

Upcoming dates:

Tuesday 22nd September: Yr 4 trip to Oystermouth Castle

Wednesday 23rd September: Urdd Games Day. Sessions for Years 1 – 6. Please wear gym kit.

Thursday 24th September: BV Transition Day for all Year 6 pupils. BV Open Evening 6-8 pm

Friday 25th September: 'Problem solving journals' (scrapbooks) will be sent home today with the first Numeracy problem of the year as part of our 'Parents/Carer National Numeracy Programme.'

Tuesday 29th September: Years 3 – 6 visit to Sketty Mosque.

Friday 2nd October: 'Brighten Up' Cafod fundraiser – wear an item of bright clothes. Bring in £2 and a tin/packet of food for our Family Fast/Harvest collection.

FAMILY MASS – Sunday 4th October 10 am. This will be a Harvest Mass/Cafod Family Fast Mass and we will be asking for tins/packets for those who have less than us.

School Prayer

We are together in Christ, Living Learning and growing.
Sharing peace and love.
May God help us through Catholic Education and let us be guided by St. Joseph who protected Mary and their Son Jesus.

Amen
Gweddi'r Ysgol
Rydym yn un yng Nghrist, yn byw,
Yn dysgu ac yn tyfu.
Yn rhannu heddwch a chariad.
Boed I Dduw ein helpu drwy
Addysg Gatholig a boed i ni gael ein harwain
gan San Joseff a fu'n amddiffyn Mair a'u mab Iesu.
Amen



Our Virtues September & October



Faith-filled: We are faith-filled when we are living life as God inspires us to live it, putting the Gospel into action through our actions. We have to build on it every day through prayer.

Hopeful: We are hopeful when we are optimistic about the future, we trust ourselves and others, and we don't give up. Our faith teaches us that God is hope.



Month of Our Lady Of Sorrows

Who is Our Lady of Sorrows?

Our Lady of Sorrows is Mary, the Mother of Jesus. During September, we remember the times when Mary felt great sadness, especially when she saw Jesus suffer and die on the Cross.

Even though Mary was heartbroken, she stayed faithful to God and never stopped loving Jesus.

✦ What Can Mary Teach Us?

- ✦ To trust God when life is difficult.
- ✦ To be brave when we are worried or sad.
- ✦ To care for others who are hurting.
- ✦ To stay close to Jesus every day.
- ✦ To pray when we need help.



Virgin most sorrowful, pray for us.

The feast day of Our Lady of Sorrows is celebrated annually on September 15.

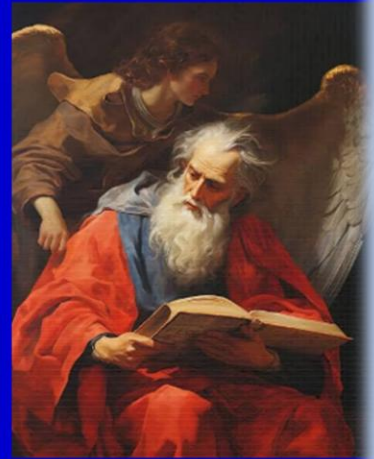
- It honours the Blessed Virgin Mary as the Sorrowful Mother.
- It highlights her deep pain and suffering during the life, passion, and death of Jesus Christ.

On September 21st the Church celebrates the Feast of St Matthew the Apostle.

St Matthew was a tax collector who left his job to follow Jesus and wrote the first Gospel in the New Testament.

He preached in Jerusalem and then went to Ethiopia, where he was martyred (killed.) St Matthew's Gospel describes Jesus family tree, ministry, Passion, and Resurrection.

Matthew is the patron saint of accountants, bankers, bookkeepers, civil servants, customs officials, and tax collectors.



He is represented in liturgical art by an angel holding a lance, a coin, a pen, or a money box.

Updates of the week:

On our school website important dates are on the calendar and photos are on the

<https://www.stjosephscatholicps-swanseaco.uk/>

News & Events' area. You can also keep up to date with events on our school Instagram page.

https://www.instagram.com/reel/DZ9_t7dotBV/?igsh=OGdpOXNsbHdsb3F4



Flu Vaccination Programme 2026/2027

This is the information we have been asked to share, by the School Nursing Department.

As we approach flu season, we want all families to have the information they need to help protect their children's health.

Flu can spread quickly in school environments and can cause serious illness in children. This autumn, all school children from Reception to Year 11 (inclusive), will be offered a free and quick, nasal spray flu vaccine at school.

The flu nasal spray vaccine is safe, painless, and helped protect over 220,000 school-aged children in Wales last year.

Giving consent for your child to have the flu vaccine, helps keep them healthy reducing the risk of illnesses that could disrupt their learning, play and your family life.

The nasal spray flu vaccine is the recommended vaccine for children and young people, but if they can't have the flu vaccine or you'd prefer a gelatine-free vaccine, they can have the flu vaccine by injection instead.

Give your consent for your child's flu vaccine to help keep them healthy this winter.

For more information about the flu vaccination visit: www.phw.nhs.wales/flu vaccine

Thank you for supporting your child and our school community.

[2026/27 School Nasal Flu Vaccination form – Fill in form](#)

<https://youtu.be/KIbPEFRJz1o>



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Mae Brechu yn achub bywydau
Vaccination saves lives

Plant, pobl ifanc a'r fflw

Children, young people and flu

Gall y fflw fod yn ddifrifol
iawn i blant a phobl ifanc.

Flu can be very serious for
children and young people.



Yr hydref yma, bydd pawb o'r
dosbarth derbyn i flwyddyn ysgol
11 yn cael cynnig brechlyn fflw
chwistrell trwyn.

Efallai y bydd rhai'n cael y brechlyn
fflw trwy bigiad (heb gelatin) yn lle.

Siaradwch â'ch nyrs ysgol,
ymwelydd iechyd neu feddygfa am
fwy o wybodaeth.

This autumn, everyone from
reception class age to school year
11 age will be offered a nasal spray
flu vaccine.

Some may have the flu vaccine by
injection (gelatine free) instead.

Talk to your school nurse, health
visitor or GP surgery for more
information.

Gallwch gael gwybod mwy am
frechu rhag y fflw yn:
icc.gig.cymru/brechlynfflw

You can find out more about flu
vaccination at:
phw.nhs.wales/flu vaccine



Sgwiriwch
fi i wylu
anrheiddid



Scan me to
watch an
animation

Version 1 | Gorffennol 2020
Version 1 | July 2020
SKU: BWV243
ISBN 978-1-63756-885-4
© Ymddiriedolaeth GIG Iechyd Cyhoeddus Cymru
© Public Health Wales NHS Trust

Package leaflet: Information for the user

Fluenz® nasal spray suspension
Influenza vaccine (live, nasal)

Read all of this leaflet carefully before the vaccine is given because it contains important information for you or your child.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor, nurse or pharmacist.
- This vaccine has been prescribed for you or your child only. Do not pass it on to others.
- If you get any side effects, talk to your doctor, nurse or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet:

1. What Fluenz is and what it is used for
2. What you need to know before you are given Fluenz
3. How Fluenz is given
4. Possible side effects
5. How to store Fluenz
6. Contents of the pack and other information

1. What Fluenz is and what it is used for

Fluenz is a vaccine to prevent influenza (flu). It is used in children and adolescents 2 years to less than 18 years of age. Fluenz will help to protect against the virus strains contained in the vaccine, and other strains closely related to them.

How Fluenz works

When a person is given the vaccine, the immune system (the body's natural defence system) will produce its own protection against the influenza virus. None of the ingredients in the vaccine can cause the flu.

Fluenz vaccine viruses are grown in chicken eggs. Each year the vaccine targets three strains of influenza, following the annual recommendations by the World Health Organisation.

2. What you need to know before you are given Fluenz

You will not be given Fluenz:

- if you are allergic to the active ingredients, gentamicin (trace residue from the manufacturing process), or any of the other ingredients of this vaccine listed in section 6.
- if you have ever had a severe allergic reaction to eggs or egg proteins. For signs of allergic reactions, see section 4.
- if you have a **blood disorder** or a **cancer** that **affects the immune system**.
- if you have been **told by your doctor** that you have a **weakened immune system** as a result of a disease, medicine or other treatment (such as acute and chronic leukaemias, lymphoma, symptomatic HIV infection, cellular immune deficiencies, and high-dose corticosteroids).
- if you are already taking **acetylsalicylic acid** (a substance present in many medicines used to relieve pain and lower fever). This is because of the risk of a very rare but serious disease (Reye's syndrome).

If any of these apply, **tell your doctor, nurse or pharmacist.**

Warnings and precautions

Your doctor or nurse will make sure that appropriate medical treatment and supervision is readily available in case of a rare anaphylactic reaction (a very severe allergic reaction with symptoms such as difficulty in breathing, dizziness, a weak and rapid pulse and skin rash) following the administration.

Talk to your doctor, nurse or pharmacist before vaccination:

- if you have **severe asthma** or are currently wheezing.
- If you have severe acute illness associated with fever or infection, or if you have nasal blockage. Your doctor may decide to delay your vaccination until your fever or nasal blockage is gone.
- if you have ever fainted after a previous vaccination. Fainting can occur after this vaccine is given as a nasal spray.
- if you are in **close contact with someone with a severely weakened immune system** (for example, a bone marrow transplant patient needing isolation).
- if you have any birth defects that affect the bones and tissues of the skull and face, which have not undergone surgical correction.

If any of these apply, **tell your doctor, nurse or pharmacist before vaccination.** He or she will decide if Fluenz is suitable for you.

Children less than 2 years of age

Children less than 2 years of age should not receive this vaccine because of the risk of side effects.

Other medicines, other vaccines and Fluenz

Tell your doctor, nurse or pharmacist if the person being vaccinated is taking, has recently taken or might take any other medicines, including medicines that do not require a prescription.

- **Do not give acetylsalicylic acid** (a substance present in many medicines used to relieve pain and lower fever) **to children** for 4 weeks after vaccination with Fluenz unless your doctor, nurse or pharmacist tells you otherwise. This is because of the risk of Reye's syndrome, a very rare but serious disease that can affect the brain and liver.
- **It is recommended that Fluenz is not given** at the same time as influenza-specific **antiviral medicines**, such as oseltamivir and zanamivir. This is because the vaccine may work less effectively.

Your doctor, nurse or pharmacist will decide if Fluenz can be given at the same time as other vaccines.

Pregnancy and breast-feeding

- If you are **pregnant**, think you may be pregnant, plan to become pregnant soon or are breast-feeding, **tell your doctor, nurse or pharmacist** before receiving this vaccine. Fluenz is **not recommended** for women who are pregnant or are breast-feeding.

Driving and using machines

- Fluenz has no or negligible influence on the ability to drive and use machines.

3. How Fluenz is given

Fluenz must only be used as a nasal spray.

Fluenz must not be injected.

Fluenz will be given as a spray in each nostril. You can breathe normally while you are given Fluenz. You do not need to actively inhale or sniff.

Dose

The recommended dose for children and adolescents is 0.2 ml Fluenz, administered as 0.1 ml in each nostril. **Children 2 to 8 years of age who have not previously had an influenza vaccine** will receive a second, follow-up dose after an interval of at least 4 weeks. Follow your doctor, nurse or pharmacist's instructions about if and when your child should return for the second dose.

If you have any further questions on this vaccine, ask your doctor, nurse or pharmacist.

4. Possible side effects

Like all medicines, this vaccine can cause side effects, although not everybody gets them.

Ask your doctor, nurse or pharmacist if you want more information about possible side effects from Fluenz.

Some side effects may be serious

Very rare

(may affect up to 1 in 10 000 people)

- severe allergic reaction: signs of a severe allergic reaction may include shortness of breath and swelling of the face or tongue.

Tell your doctor straight away or seek urgent medical care if you experience any of the effects above.

Other possible side effects of Fluenz

Very common

(may affect more than 1 in 10 people)

- runny or stuffy nose
- reduced appetite
- feeling generally unwell

Common

(may affect up to 1 in 10 people)

- fever
- muscle aches
- headache

Uncommon

(may affect up to 1 in 100 people)

- rash
- nose bleed
- allergic reactions

Not known (frequency cannot be estimated from the available data)

- fainting (syncope)

Reporting of side effects

If you get any side effects, talk to your doctor, nurse or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

Public Health Wales flu campaign messaging – children aged 4-16

Key Messages	<p>Popular among school families Last year, more than 220,000 school-aged children in Wales helped protect themselves against flu through the nasal spray vaccine.</p> <p>Nasal spray The flu nasal spray vaccine is safe, painless and helped protect more than 220,000 school-aged children in Wales last year. One quick spray helps keep your child healthy this winter.</p> <p>Routine school care Giving consent for your child to get vaccinated against flu through the nasal spray is a normal part of keeping them well during the school year.</p> <p>Wide intent Last year, more than a million people in Wales had their flu vaccine.</p>	<p>Flu can be serious Flu can be very serious for children but giving consent for your child to have the nasal spray vaccine reduces the risk of serious illness.</p> <p>Proven safety The flu vaccine has been used safely for decades, with more than 220,000 school-aged children in Wales getting vaccinated last year. The flu nasal spray vaccine can't give your child flu — it trains their immune system to fight the virus. Getting your child vaccinated through a flu nasal spray is a safe and effective way of protecting your child from serious illness.</p> <p>Evolving virus Flu strains change so vaccines are updated to match them and give your child the best protection.</p> <p>Choosing a gelatine-free vaccine</p>	<p>Support your family's winter plans Giving consent for your child to have the flu nasal spray vaccine helps keep them healthy - reducing the risk of illnesses that could disrupt their learning, play and your family life. One quick spray helps keep your child healthy this winter.</p> <p>Quick protection Giving consent for your child to have the flu nasal spray vaccine helps protect your child this winter.</p> <p>Gentler illness Flu can spread quickly at school. Even if they catch flu, symptoms are likely to be milder and shorter.</p> <p>Protect the whole family Vaccination helps stop the spread to siblings, grandparents and relatives who are more at risk of serious illness.</p> <p>Back to school Back to school means lots to get ready – from uniforms to pencil cases.</p>

	<p>Help protect your child this winter. Make sure you give consent for them to get the flu nasal spray vaccine.</p> <p>Avoid the bugs The flu nasal spray vaccine helps protect your child, hopefully giving you one less bug to worry about this winter.</p>	<p>If you decide you do not want your child to have the nasal spray, they can have an injection instead. This does not contain pork gelatine.</p>	<p>Add one more important step: help protect your child from flu by giving consent for their nasal spray vaccine when it arrives.</p>
<p>Give your consent for your child's flu vaccine to help keep them healthy this winter.</p>			

We now have a vacancy for a Parent Governor to join St Joseph's Governing Body.
Forms are available at the office. Thank you.



Parent Governor Elections

Dear Parent / carer

Swansea Council
School Governing Bodies
Election of Parent Governors

I am writing to inform you that a vacancy has occurred for a parent governor for your child's school and you are invited to submit a nomination for the post of parent governor.

Any parent of a registered pupil at the school, at the time of the election, is eligible to be a parent governor and to hold office for four years even though your child may leave the school in the meantime.

If you are eligible and wish to be nominated as a parent governor, you should complete the form (next page) **You can ask for copies at the office.**

The completed form should be returned to the box provided at the school, not later than **Monday 5th October 2026.**

Please note it is your responsibility to ensure that the nomination is placed in the box.

If there are more nominations received than the number of vacancies for parent governors, then an election will take place. Voting papers will be sent to all parents with children at the school.

With effect from September 2013 the Welsh Government require all new governors to attend mandatory training within one year of taking up the post. Training courses for governors are provided free by the Authority and information is also circulated from time to time regarding courses arranged by outside bodies, for which a fee may be payable.

Yours sincerely

Headteacher



Swansea Council

School Governing Body Nomination Form

Election of Parent Governor at St. Joseph's Catholic Primary School, Clydach

Name of Nominee			
Address:			
Postcode		Telephone number	
Parent of			

I (Headteacher)

confirm the nominee is a parent of a pupil registered at

.....School.

Signature.....

(to be completed by office)

Candidates are invited to provide brief details in support of their nomination, which may be circulated on any ballot form (do not exceed 50 words). This is not a compulsory requirement, however, can help to inform parents in the event of a ballot taking place.

Disqualification Declaration: It is important for anyone who is thinking about applying to become a School Governor to understand that some individuals may be disqualified from this position. The declaration must be signed by all newly appointed Governors in order to confirm there is no reason that they should not take up the role of School Governor.

A governor must:

- be age 18 or over at the time of appointment or election
- not hold more than one governorship at the same school
- not be a governor at more than two schools
- not be bankrupt or disqualified under the Company Directors Disqualification Act 1986 or an order under the Insolvency Act 1986
- not have been removed from the office of charity trustee or trustee for a charity on grounds of misconduct or mismanagement
- not be included in the list of teachers or workers prohibited or restricted from working with children or young people
- not be disqualified from being a teacher, other school employee or an independent school proprietor
- not have been sentenced to 3 months or more imprisonment in the 5 years before becoming or since becoming a governor
- not have received a prison sentence of 2½ years or more in the 20 years before becoming a governor
- not at any time have received a prison sentence of 5 years or more
- not have been fined for causing a nuisance or disturbance on school premises during the 5 years prior to or since appointment or election as a governor
- not hold office or continue to hold office at time when he/she is liable to be detained under the Mental Health Act 1983
- not have failed to attend meetings of the governing body without consent for a continuous period of 6 months
- not, as a foundation, LA, representative or co-opted governor be appointed to the same category of school during the 12 months following disqualification for non-attendance
- not act as clerk to the governing body
- agree to a request by the local authority or governing body to make an application under section 113 of the Police Act 1997 for a Disclosure and Barring Service (DBS) certificate

Please refer to The Government of Maintained Schools (Wales) Regulations 2005 for further details.

DECLARATION: I DECLARE that I am not disqualified from membership of the governing body by reason of any of the disqualifications set out above.

Name		DOB	
Governing Body			
Signed		Date	

This completed form must be returned in a sealed envelope to the ballot box at your child's school on or before

Equality Data

In accordance with Data Protection law, any information requested on the following questions is held in the strictest confidence for data analysis purposes only. For further information about how Swansea Council uses your personal data, please see our corporate privacy notice on our website www.swansea.gov.uk/privacynotice.

We are asking these questions to help us improve representation on our governing bodies.

1. Please select the ethnic group you identify with:

- | | |
|--|--|
| ☐ White - Welsh, English, Scottish, Northern Irish or British | ☐ Asian or Asian British - Pakistani |
| ☐ White - Irish | ☐ Asian or Asian British - Bangladeshi |
| ☐ White - Gypsy or Irish Traveller | ☐ Asian or Asian British - Chinese |
| ☐ <u>White</u> - Roma | ☐ Any other Asian background (please write in at end) |
| ☐ Any other White background (please write in at end) | ☐ Black or Black British - Caribbean |
| ☐ Mixed - White & Black Caribbean | ☐ Black or Black British - African |
| ☐ Mixed - White & Black African | ☐ Any other Black background (please write in at end) |
| ☐ Mixed - White & Asian | ☐ Arab |
| ☐ Any other Mixed background (please write in at end) | ☐ Other ethnic group (<u>please</u> write in at end) |
| ☐ Asian or Asian British - Indian | ☐ Prefer not to say |

Write in here

2. What is your religion? Please mark one box or write in

- | | |
|--|--|
| ☐ No religion | ☐ Muslim |
| ☐ Christian (all denominations) | ☐ Sikh |
| ☐ Buddhist | ☐ Other |
| ☐ Hindu | ☐ Prefer not to say |
| ☐ Jewish | |

Any other religion or philosophical belief (please write in)

3. What is your sexual orientation

- | | |
|---------------------------------------|--|
| ☐ Bisexual | ☐ Prefer not to say |
| ☐ Gay/ Lesbian | ☐ Other |
| ☐ Heterosexual | |
- Please write in

4. Can you understand, speak, read or write Welsh? Please mark all that apply

- | | |
|--|--|
| ☐ Understand spoken Welsh | ☐ Learning Welsh |
| ☐ Speak Welsh | ☐ None of these |
| ☐ Read Welsh | ☐ Prefer not to say |
| ☐ Write Welsh | |

5. Which languages do you use from day to day? Please mark all that apply

- | |
|--|
| ☐ English |
| ☐ Welsh |
| ☐ Other (write in) |
| ☐ Prefer not to say |
- Please write in

6. Do you have any physical or mental conditions or illnesses lasting or expecting to last 12 months or more?

- | |
|--|
| ☐ Yes |
| ☐ No |
| ☐ Prefer not to say |

7. Do any of your conditions or illnesses substantially reduce your ability to carry out day-to-day activities?

- | |
|--|
| ☐ Yes |
| ☐ No |
| ☐ Prefer not to say |

Years 5 & 6 enjoyed a musical afternoon at St Joseph's Comprehensive School, Port Talbot with the 'Peri Roadshow'

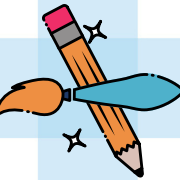


Years 5 & 6 also had a day at the theatre and museum watching and learning about Theatre Na Nog's play 'It will all be over by Christmas.'



Merit Award & 'Seren Yr Wythnos'



Class	Seren Yr Wythnos	Merit Award
 Nursery		Judah and Buruk
Reception	Zephaniah	Noah and Rueben
 Year 1	Mariam	Mohammed and Lottie
Year 2	Jacob	Ignacy and Louie
Year 3	Daniel	Leo and Jennifer
Year 4	Chris	Emerin and Alexis
Year 5	Martha	Dottie and Thomas
 Year 6	Cari	Eli and Zara

Whole School Homework by Friday 25th September



Over the next three weeks all classes are being asked to complete a whole school homework task:

Pupils are asked to research a Catholic Saint that they would like their class to adopt and pray to, for the year.

Saints will be voted on by each class with the favourite one becoming their Class Saint.

Maybe think about something that you like doing and research the patron saint for it e.g., the patron saint of cooking.

Or look for the patron saint of a country that you have a link to.

Or a saint that is special to you family or your name.

Saints Non, David, Teilo & Winifred cannot be chosen as these are already our school House Saints.

When choosing you need to include reasons explaining why you think that particular saint will be a good choice for your class. Also, include some background information about your saint.

We will be sharing our ideas with our classes for them to vote on their favourite presentation so add pictures, facts etc. to make your page or presentation stand out.



St Joseph's School Uniform Policy

 WINTER (Sept - Easter)	 SUMMER (Easter - Sept)	 PE KIT
 Blue Shirt	 Blue Polo Shirt	 Blue Polo Shirt
 Navy Jumper/Cardigan	 Blue Gingham Dress	 Navy Shorts
 Navy Trousers/Pinafore/Skirt	 Navy Shorts/Trousers	 Trainers
 Black School Shoes	 Black School Shoes	 Navy School Tracksuit
 School Tie	 Cool & Comfortable	 School Logo if Possible

As we settle into the new term, we want to thank you for your continued support in looking smart, professional, and ready to learn. Wearing the correct uniform fosters a sense of pride, community equality, and discipline among all students.

We will be sending out letter to pupils not following the policy as a reminder of our school uniform expectations and the enforcement measures in place for non-compliance.

NO TRAINERS except Gym days. NO MAKE UP or JEWELRY.
Diolch!