



GIG
CYMRU
NHS
WALES

Iechyd Cyhoeddus
Cymru
Public Health
Wales

**Tîm Amddiffyn Iechyd
Health Protection Team**

Ffôn/Tel: 0300 00 300 32
Ebost/Email: aware@wales.nhs.uk

Your ref:
Our ref:

Gwefan/Web:
www.iechydcyhoedduscymru.org
www.publichealthwales.org

Date: 11/11/2024

**Awareness , Warn and inform advice for persons reporting or displaying symptoms of
diarrhoea and vomiting**

Public Health Wales, Carmarthenshire and Swansea Bay Local Environmental Health authority have been made aware that there is a number of individuals who are currently reporting gastro- enteritis type illness in the area including diarrhoea and vomiting.

Can we ask that you follow the guidance below so to protect yourselves and any other persons in your childcare, school and educational setting. Please can this be shared with the parents and staff who use your setting:

- If anyone is attending your childcare, school and educational setting reports of being unwell with Diarrhoea or vomiting, they should be sent home and not return until 48 hours clear of symptoms.
- If anyone is experiencing being unwell including diarrhoea or vomiting, please encourage them to contact their GP or local health service to provide a faeces (poo) sample .
- Please also advise if the symptoms are worsening or they are concerned, please seek medical advice.
- Hand Hygiene is very important for everyone- please ensure good hand hygiene is undertaken and that everyone wash's their hands particularly after going to the toilet , anyone with symptoms should try not to prepare food for others , and make sure everyone wash's their hands before eating.

If you have any concerns regarding this letter , please contact the Public Health Wales AWARE team on – 0300 003 0032.

Further advice can be obtained here:

[NHS 111 Wales - Health A-Z : Food poisoning](#)

[NHS 111 Wales - Health A-Z : Diarrhoea and vomiting](#)

Kind regards

Elizabeth Marchant
Consultant in Health Protection

South & East Office
4th Floor
2 Capital Quarter
Tyndall Street
Cardiff CF10 4BZ

Mid & West Office
Matrix House
Northern Boulevard
Swansea Enterprise Park
Swansea SA6 8DP

North Wales Office
Preswylfa
Hendy Road
Mold
Flintshire CH7 1PZ